



Dr. Sayantani Behura

**Designation:** Assistant Professor

**Qualification:** M.A, MPhil, PhD

**Date of Birth:** 15.06.1987

**Date of Joining:** 02.07.2018

**Tel:** 7008789060; Email: sayantanibehura @rdwu.ac.in

VIDWAN ID: <https://vidwan.inflibnet.ac.in/profile/381026>

ORCID ID: <https://orcid.org/0009-0006-2278-7774>

### **Area of Interest**

Psychology of Gender, Clinical and Counselling Psychology, Gender and health, Literary Studies

### **Courses Taught**

Psychology of Gender; Gender, Violence and Counselling Psychology, Gender and Health, Gender and Education

### **Teaching Experience**

13 years

### **Research Experience**

9 years

### **Administrative/Executive Experience**

- Officer in Charge, Counselling and Wellness Centre, Rama Devi Women's University
- Coordinator, Dept. of Sociology, Rama Devi Women's University (5.7.2021-1.7.2022)

### **Awards & Honors**

- Awarded as an LGBTQI+ Ally for promoting Gender Equality by Hyderabad Consulate in collaboration with Washington State University International Programs on Dt 27.9.2024

- Felicitated by Odisha Khadi Board and Ahimsa Bichara Mancha to Proliferate Gandhian Ideals, Dt 11.11.2023
- Awarded in the Odisha Research Conclave, 2022 by Odisha State Higher Education Council
- Felicitated by SCSTRTI & UNFPA during the Consultative Workshop of Empowering SC & ST adolescents in Residential Tribal Schools of Odisha
- Felicitated at RDWU by IQAC Cell, RDWU on the eve of Celebration of Gandhiji's 100 yrs of Odisha visit
- Felicitated by Odisha Association for Blind and Child and Women Development Society on 29.06.2022
- Felicitated by Indian Red Cross, Odisha State Branch on Dt 19.3.2023

### Research Guidance

- PhD thesis supervised : **03 (Continuing)**
- M.Phil thesis supervised : **03 (Three)**
- M.A. thesis supervised : **55 (Fifty Five)**

### Research Grants

S. No	Title of the project	Funding Agency	Amount	Sanction year & duration
1	Menstrual Health and School Absenteeism among Adolescent Tribal Girls in Kandhamal District of Odisha	Odisha State Higher Education Council	406000	2019, 2 yrs

### Publications

#### Selected Journal publications

1. Behura, S. & Mahanti, A. (2024). Depression in Battered Women of Odisha. Journal of Research Administration: Society of Research Administrators International, Vol 6, Issue No. 1, ISSN: 1539-1590, E-ISSN: 2573-7104.
2. Sahoo, P., Mohanty, A., & Behura, S. (2023) "From Loss to Resilience: A Comprehensive Review of Widowhood and Its Impact on Well-being" . Journal of Harbin Engineering University, Vol-44- Issue-7-July-2023; ISSN (Online): 1006-7043.
3. Mahanti, A., & Behura, S. (2021). Lived Experiences of Battered Women in Odisha: A Pilot Study. International Journal of Environment, Ecology, Family and Urban Studies, Vol 11, Issue 2, ISSN (P): 2250-0065.
4. Behura, S., & Panigrahi, S. (2020). Walking in their shoes: exploring the lived experiences of mothers of autistic children. International Journal of Indian

- Psychology, 8(1), 1023-1029. DIP:18.01.129/20200801, DOI:10.25215/0801.129.
5. Panigrahi, S., Behura, S., Mohapatra, D. & Swain, S. (2019) "Prejudice in times of Natural Disaster: An assessment of Caste Discrimination during Cyclone Fani in Odisha" Think India Journal, UGC Care Journal, Vol-22- Issue-14-December-2019; ISSN (Online): 0971-1260.
  6. Mohapatra, D., Panigrahi, S., & Behura, S. (2019) "Deconstructing the Gender Binary: A study of Gender -Fluid Mythological Figures" Published in Think India Journal, UGC Care Journal, Vol-22- Issue-14-December-2019; ISSN (Online): 0971-1260.
  7. Rath, S; & Behura, S. (2015). Obesity- depression link and Indian adolescents: An empirical study. Indian Journal of Health and Wellbeing, 6 (11), 1132-1134.
  8. Rath, S; & Behura, S. (2015). Obesity, self-esteem and Indian adolescents: An empirical study. International Journal of Social Sciences Review, 3 (4), 443-446, ISSN-2347-3797.
  9. Behura, S. (2012). A Review on Life Skills Education in Schools. Elixir Psychology, 43 (2012) 6790-6794.
  10. Behura, S. (2011). A psychosocial approach to the study of child abuse. Social Science International, 301-311.
  11. Rath, S; & Behura, S. (2011). Gender role perception and sense of efficacy in the mental health of employed women. Elixir Psychology, 37(2011) 3716-3720.
  12. Rath, S; & Behura, S. (2011). Mental health of androgynous and sex-typed employed women: The moderating role of self-efficacy. Indian Journal of Psychology and Mental Health, 133-141.
  13. Behura, S. (2011). Child Psychology and Children's Literature, Special Issue of International Seminar on the Politics of Children's Literature.
  14. Behura, S. (2010). Domestic violence and wife abuse: A psychological Perspective. Global Education Society and Development...An International Journal of Academicians, Vol.2 (No.2) ISSN-0975-1319.

### **Book/ Edited Book**

1. Behura, S. (2024). Mora Swara Mora Byanjana, A Pakshighar Publication, ISBN: 978-81-938886-8-6.
2. Edited a book titled Discourses on Health: Through Gender Lens, Co-edited by Dr Aliva Mohanty & Dr Meera Swain, 2024, published by Pearl Books, New Delhi, ISBN: 978-93-92122-56-9.
3. Edited a book titled Gender Dynamics and Emerging Issues in 21<sup>st</sup> Century, Co-edited by Dr Aliva Mohanty, Ms. Geetanjali Naik, Mr Suprit Panigrahi, 2021, published by Mittal Publications, New Delhi, ISBN: 978-93-90692-18-7.
4. Edited a book titled Darsana o Sahityare Gandhi, 2021, Published by the Institute of Odia Studies Granthmala-26.
5. Dash, U. N., & Behura, S. (2015). Prof Radhanath Rath: The Man and the Image. (A Monograph)
6. Behura, S. (2010) A for...Abuse, Adoption, AIDS. Academic Excellence, New Delhi, ISBN- 978-93-80525-11-2.

## Chapter in Edited Book

1. Sahoo, P., Mohanty, A., & Behura, S. (2023). Embracing Change: The Transformative Effects of Widowhood on Well-being. In D. Parashar et al; (Ed.), *Uniting Perspectives in Multidisciplinary Research*. Paradox International Publication.
2. Behura, S., Panigrahi, S., and Mohapatra, D. (2020). Naari Jaagarana O Gandhiji. In *Esana* by The Institute of Odia Studies, June 2020. ISBN No-978-81-921411-7.
3. Behura, S., & Panigrahi, S. (2019). Lived experiences of Mothers of Autistic Children: A Feministic Lens. In A. Bandyopadhyay (Ed.), *Women's Studies: Facts and Facets*. Indian Social Science and Humanities Congress, Jadavpur University, Kolkata.
4. Behura, S. (2018). Sahitya o Manastatwa Manana. In *Esana* by The Institute of Odia Studies, 20148. ISBN No-978-81- 921411-7-6.
5. Behura, S. (2014). Biyoga Panji: Manastatwavid Lekhaka Radhanatha. In *Esana* by The Institute of Odia Studies, 2014. ISBN No-978-81- 921411-6-9.
6. Behura, S. (2014). Sarata Aaksha. In *Saswata Sarata Katha* by Bijayini Publications, 2010. ISBN No-978-81- 89881-74- 0.
7. Behura, S. (2014). The Global Gandhi and the Positive Psychology of Non-violence, in Sia, S. (Ed.). *Indian insights on positive behavior*. Pondicherry, Pudu Books, ISBN 81-87299-97-5.

## Popular Article

1. Behura, S & Biswal, S. (19<sup>th</sup> June, 2024). *Studies on Mental Health are Inadequate* by The Pioneer.

## Participation in Selected Conferences & Seminars

1. Chaired a Session at Department of Psychology, Utkal University, at International Conference on Mental Health, NEP 2020 and Psychology in Practice on 4<sup>th</sup> October, 2023.
2. Co-Convenor of the Session- Mainstreaming Family to achieve sustainable development goals at World Anthropology Congress, held from 9<sup>th</sup> to 14<sup>th</sup> August, 2023 held at KIIT University.
3. Presented a Paper on Narratives of Menstrual Health in Adolescent Tribal Girls at World Anthropology Congress, 2023 held at KIIT University.
4. Participated as a Resource person in LGBTQ+ Ally Train the Trainer Workshop September 25-September 27, 2023 under Washington State University International Program in collaboration with U.S.Consulate, Hyderabad.
5. Participated as a Resource person in State Level Youth Study-cum-Training Camp, 16-18<sup>th</sup> March, 2023; organized by Indian Red Cross, State Branch, delivered a talk on Stress Management and Combating Depression in Youth.
6. Participated as a Key Note Speaker in Centenary Seminar on Prof Radhanath Rath, organized by Central Sahitya Academy, Dt 25.12.2021.

7. Participated as Resource person in sessions of Capacity building program for psychosocial support for emotional well-being of students in the aftermath of COVID Pandemic on July 5-7, 2022.
8. Participated as Resource persons in Expert group consultation for empowerment of tribal students in Residential Schools of Odisha on May 24, 2022 organized by SCSTRTI, BBSR.
9. Participated as Invited Speaker in 1<sup>st</sup> Day of MHM Campaign Week, Organized by Rama Devi Women's University & Odisha MHH Alliance, India. Date : 24th May, 2021 & Time : 3:00 p.m. to 5:00 p.m. On Positivity of Periods.
10. Recited a poem on invitation by The Intellectuals, New Delhi on Kranti Diwas, on Dt 9.8.2022.
11. Contributed as a Resource persons in Expert group consultation for empowerment of tribal students in Residential Schools of Odisha on May 24, 2022 organized by SCSTRTI, BBSR.
12. Key Note Speaker on the topic titled I am Generation Equality, organized by Synergy Institute of Engineering and Technology, Dhankanal on 8<sup>th</sup> March, 2020.
13. Key Note Speaker on the topic titled Mental Health through the Prism of Gender: A Critical Look, organized by Kendrapara Autonomous College, 18<sup>th</sup> January, 2019.

### **Organization of Seminar/ Workshops**

- Organized as the Convener, Five Days Faculty Orientation Programme on Promoting Wellness, from Dt 5.8.2024 to Dt 9.8.2024 at RDWU.
- Organized as the Convener, a Two-day National Webinar titled Reproductive Choice of Women: A Fundamental Right” from 28<sup>th</sup>-29<sup>th</sup> December, 2021, sponsored by National Commission for Women, New Delhi.
- Organized as the Convener, a Two - day National Webinar titled Traversing The Ridge: Connecting Menstrual Health Research, Perception And Practice, dated 10th & 11th February, 2021. The report has also been published in [samajlive.in/webinar-in-rd-womens-university/274441.html](http://samajlive.in/webinar-in-rd-womens-university/274441.html).
- Organizing Committee member of National Seminar on “Gender Environment and Sustainable, Environment” organized by the Dept of Gender Studies, Rama Devi Women's University, Bhubaneswar on 29th February 2020.
- Organizing Committee member of international webinar on Need for Gender Research on COVID-19 Global Pandemic: Challenges and Prospects” jointly organized by PG Department of Gender Studies and Sarala Devi Centre for Gender Research, Rama Devi Women's University, Bhubaneswar on 4th July, 2020.
- Organizing member of FDP on “Gender Contours of The Pandemic: Reinventing Public Policy and Leadership Transformation jointly organized by Dept of Gender Studies, Rama Devi Women's University, Bhubaneswar & Miranda House, University of Delhi from 24th Aug- 7th Sept 2020.
- Organizing member of webinar on “Sarala Mahabharata Sampadana: Samasya o Samvabana” organized by Institute of Odia Studies, Cuttack on 12th September 2020.

## Cultural Adaptation of Tests

- Odia adaptation of tool for Odisha Training Evaluation Study Data Collection, for Center for Early Childhood Development and Research, Jamia Millia Islamia University, New Delhi, 2013.
- Odia adaptation of tool for Capacity Building Programme for Scaling up of Mother Tongue Based Multi-lingual Early Learning and Parent, 2017 for Center for Early Childhood Education and Development, Ambedkar University, Delhi-110006.

## Selected Conferences Attended

Title of the paper/poster presented	Name of the seminar	Under theegis of	Organize by	Duration
Lived experiences of mothers of artistic children: A Feministic Lens	Indian Social Sciences Humanities Congress	Jadavpur university, Kolkata	SAMAG M	7 <sup>th</sup> -8 <sup>th</sup> September, 2019
Interviews of mothers of artistic children: A qualitative analysis	HEALM 2019	JNU, New Delhi	Krishi Sanskriti	2 <sup>nd</sup> -3 <sup>rd</sup> May, 2019
Gender difference in expression of base adolescents and s Management through cognitive behavioral intervention	ICIDBSSR-19		IRAJ	2 <sup>nd</sup> -3 <sup>rd</sup> March, 2019
Participated in two days Pan dian campaign on youth-n-democracy	Democracy in Everyday life	PRIA, New Delhi & Utkal university	Dept of Women Studies, UU	23 <sup>rd</sup> -24 <sup>th</sup> July, 2018

Obesity in India and its impact on quality of Life of Adolescents	National Conference on Health, Public Policy and Human Development	ICSSR, ICMR, Ministry of Tribal Affairs, UNICEF	Dept. of Humanities and Social Sciences, IIT, Kharagpur	30 <sup>th</sup> -31 <sup>st</sup> March, 2017
Presented a poster on Impact of Obesity on self-esteem of adolescents and its management through cognitive behaviour therapy	International Conference on Translational Neurosciences and its Application in Protection of Mental Health	Indian Academy of Neurosciences	Dept. of Psychology, Ravenshaw University	29 <sup>th</sup> March, 2017
Participated the two days state level seminar-cum-workshop	Enhancing Positive Attitude & IR	Dept. of Psychology	Ravenshaw University	25 <sup>th</sup> -26 <sup>th</sup> March, 2017
Participated the two days Empowerment training program	Behavioural Therapy for Autism Spectrum Disorder	The Learning Clinic, BBSR		26 <sup>th</sup> -27 <sup>th</sup> May, 2017
Obesity, Self-esteem and India's adolescents: Efficacy of cognitive behaviour therapy	25 <sup>th</sup> Silver Jubilee Convention of National Academy of Psychology		CBCS, University of Allahabad	2 <sup>nd</sup> -5 <sup>th</sup> February, 2016
Cognitive behaviour therapy: Principles and Applications		Behavioural Medicine Unit	NIMHANS, Bangalore	9 <sup>th</sup> -10 <sup>th</sup> July, 2015
Cognitive behaviour therapy, Neuroscience and Adolescent Obesity	National Symposium on Neuroscience		School of Life Sciences, Ravenshaw University	13 <sup>th</sup> -14 <sup>th</sup> Nov, 2015

Adolescent obesity and depression: A threat for the nation	National Seminar on health, Stress and Coping	UGC	Indira Gandhi Women's College, Kuttack	28 <sup>th</sup> -30 <sup>th</sup> March, 2015
Decision Making Styles : critical review on theoretical frameworks	National Seminar on Learning and Decision Making in Education	UGC	Indira Gandhi Women's College	25 <sup>th</sup> -26 <sup>th</sup> April, 2015
Participated State level seminar-cum-workshop	Counselling: Skills and Application	Ravenshaw University	Dept of psychology, Ravenshaw University	28 <sup>th</sup> -29 <sup>th</sup> January, 2015
Mental Health Needs and Treatment for Victims of human trafficking	National Seminar on human Trafficking	UGC	Nayagarh Autonomous College	18 <sup>th</sup> -19 <sup>th</sup> August, 2012
The Global Gandhi and the positive psychology of non-Violence	National Conference on Positive Behaviour: Perspectives and Applications	Pondicherry Central University	Dept of psychology, Pondicherry Central University	21 <sup>st</sup> -22 <sup>nd</sup> September, 2012
Workshop on upgradation of syllabus	State-level Seminar-Workshop	Utkal University	PG Dept of psychology, Utkal University	25 <sup>th</sup> March, 2012
Child psychology & children's literature	International Seminar on the Politics of Children's Literature	Ravenshaw University	Dept of English, RU	9 <sup>th</sup> -10 <sup>th</sup> January, 2012
Right to Life Skills Education	99 <sup>th</sup> Indian Science Congress	KIIT University	KIIT University	3 <sup>rd</sup> -7 <sup>th</sup> January, 2012
Learned helplessness of androgynous and Sex-typed Women: The Moderating Role of Employment	99 <sup>th</sup> Indian Science Congress	KIIT University	KIIT University	3 <sup>rd</sup> -7 <sup>th</sup> January, 2012



## Membership of Professional Bodies

1. Life Member, National Academy of Psychology (NAOP)
2. Life Member, The Institute of Odia Studies
3. Life Member, Utkal Sahitya Samaja
4. Life Member, Indian Association of Women Studies

## Selected Literary Publications

- 1 It's Not Easy to Make Sutapa your Own, (September-October-2022), translated by eminent poet Padmashri Jayanta Mahapatra, published in Indian Literature.
2. Suitcase and Could I Ever Meet You, God? November 20,2022, translated by poet Jayanta Mahapatra, published in Chandrabhaga, a selection of Indian writing.
3. "UurdhwaUdaana" a poem, published in The Ravenshavian, 2016.
4. "Vyakti o Vyaktitwa" an essay, Published in The Ravenshavian, 2015.
5. Biographical sketch of Prof Radhanath Rath aired in Durdarshan, 2012.
6. "Swapna Jeebanaayita" article on Odisha Sahitya Academy Award Winner, Dr.Radhanath Rath's adventurous life in the book RadhanathaRatha :Patha O Sapatha, 2010.
7. "Aame Odiaa" reflections on Odia Identity in Bande Utkala Janani, Utkal Divas Special Issue, 2010.
8. "Bhala Gaalpika" a comment on Dr Gaurahari Das's distinguished career as a story teller, published in Gaurachandrikaa, 2010.
9. "The Father of Green Revolution" Rotaract International's Rota- fiesta, 2010.
10. "Aalokara Aabaahani" a treatise on bele-letters of Abhaya Dwivedi's SinduraaPhaatibaara Bela, 2010.
11. "Why we like or dislike someone..." Rotaract International's VIBES...the symphony of spirit, 2009.
12. "Manisatwa: Naaritwa" book Review of Prof. F. M. Sahoo's Nari Manastatwa in the Odia Research Journal Esanaa, 2007.
13. "Tume, Mun O AlakaSaanyaal" article on feminism in Saarathya, 2006.
14. "Prasnabaachi Mana" a poem, published in Surya Snaana, 2003-04.
15. "Andhaaraku Andhaarare Dekhaa" a poem published in Surya Snaana, 2002-03.